

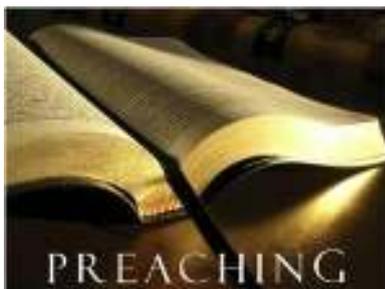
Preaching Dates

Sunday 26 April 2020

Hazel Brooks (am) at Larkhall Baptist Church via pre-recorded video onto their YouTube channel.

Stephen Ilett (am) will be providing, via email, a written sermon and prayers for Dingwall Baptist Church for the next four Sundays.

Charles Sommerville (pm) via Zoom at Kelty Evangelical Church.



“Thoughts on Psalm 1”

By George Thomson

During this period of lockdown, I have been ‘furloughed’ from my two Jobs that I have with both, St. Andrews Hospice charity shop and Hibernian Football Club, where I am off until further notice.

During the time off, it has been long at times but it has allowed me to get certain jobs completed which has been good. It has also allowed me to become closer to God in my walk with Him and to spend more time in His Word.

One of the jobs I have been doing is tidying the garden and weeding and making it enjoyable to sit in. One day as I was weeding the roots of the many weeds in the soil, I was reminded of Psalm 1 as I am studying the book of Psalms in my quiet time.

Psalm 1 begins with a word we use so often—blessed. God blesses individuals. Nowhere does Scripture tell us that God blesses programs or promotions. He blesses people. He blessed Abraham so Abraham might be a blessing to others. And God blesses you so you might bless others.

The blessed person delights in the law of the Lord (v. 2). He delights so much in the Word of God that he *meditates* on it during the day. Meditation is to your soul what digestion is to your body. It means assimilating the Word of God.

The blessed person is like a tree (v. 3). A tree has roots. The most important part of your life is your “root system.” Don’t be like the ungodly, who are like chaff (v. 4). Chaff doesn’t have any roots. It is blown away by every wind that comes along. Your root system is important because it determines your nourishment. It also determines your stability and your strength when the storm comes and the wind starts to blow.

People can’t see your root system, but God can. Praying and meditating on the Word of God will cause your roots to go down deep into the love of God.

So as you go into the week ahead, take the time given to us during this season to delight in the Word of God and to feed on it and meditate on it and make it your source of spiritual nourishment and God will bless you with strength and stability. May you remain deeply rooted in Him.